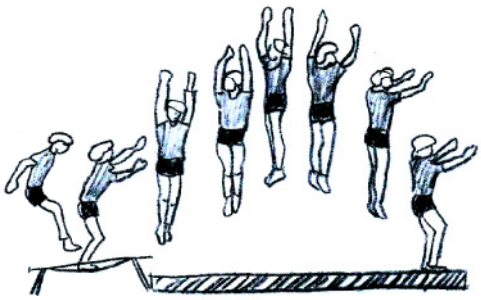
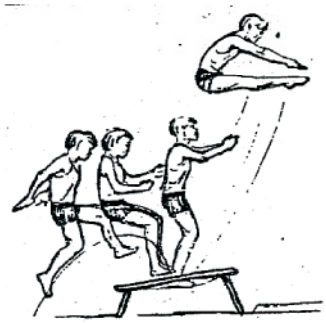
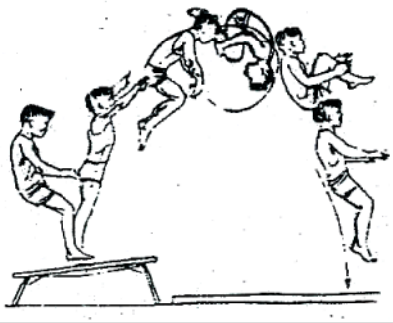
GW-Turnfest

Übungsbogen – Minitramp

4		Grätschwinkelsprung
6		1/1 – Drehung
8		Bücksprung (Beine geschlossen!)
12		Salto vorwärts
14		Freie Radwende

Achtung: Sicherheitsbestimmungen einhalten!
Turne nur, was du sicher beherrschst!